Connecticut Stabilizes State-Funded Preschool Programs with Federal Relief Funds, But Serves Fewer Preschoolers Amid Pandemic

State funding for preschool programs declined nationally for the first time since 2014, enrollment decreased in almost every state

NEW BRUNSWICK, NJ – The COVID-19 pandemic highlighted and intensified existing problems of access to high-quality early childhood education across the country and in Connecticut, leading to declines in enrollment during the 2020-2021 school year, according to the 2021 State of Preschool Yearbook, released today by the National Institute for Early Education Research (NIEER) at the Rutgers Graduate School of Education.

Key findings from the annual survey - focused on the first school year fully impacted by the COVID-19 pandemic – are summarized below. In 2020-2021, many states funded preschool to maintain capacity despite unprecedented drops in enrollment due to the pandemic. To account for this, we report both spending per child and spending per child if the program was at capacity (full enrollment equivalent). For some states, the two are the same. States are ranked on the latter.

- Connecticut was an early provider of federal COVID-19 relief fiscal support to state-funded preschool programs by June 2021;
- Enrollment in state-funded preschool in Connecticut was 9,666, a decrease of 5,193;
- State spending for preschool programs in Connecticut was $125,484,984 (including federal pandemic relief), a decrease of $2,853,888 (inflation adjusted);
- Connecticut spent $12,982 per child but spending per child would have equaled $8,445 for the programs at full capacity;
- Connecticut met an average of 5.1 of 10 quality standards benchmarks;
- Connecticut will need to increase investments in preschool in order to meet all 10 quality standards benchmarks and progress toward universal access.

According to the report, 298,000 fewer children were enrolled in preschool nationally than in the prior year due to difficulties created by the pandemic such as health risks, closed classrooms, and remote preschool. States across the country served less than 30 percent of 4-year-olds and less than five percent of 3-year-olds in 2020-21. Most states preserved capacity during 2020-2021 allowing enrollments to rebound in the current year, but far too many children still lack access to preschool. Further, total state pre-K spending was $8.97 billion, an inflation adjusted decrease of
nearly $255 million (3%) from the previous year. Nationally, this is the largest decline since the Great Recession. States also used at least $440 million in pandemic relief funding to support preschool, more than offsetting the decline in state spending and preserving pre-K capacity that otherwise would have been lost. However, nationally, state spending per child remains about the same as it was 20 years ago, adjusted for inflation.

“Our country has yet to adequately invest in high-quality preschool programs, while the pandemic has erased a decade of progress and exacerbated inequality,” said W. Steven Barnett, Ph.D., NIEER’s founder and senior co-director. “Children and parents in Connecticut need high-quality, full-day preschool programs that support early learning and parental employment. The pandemic has made it even clearer that such preschool programs are essential for young children and their families. Connecticut and its localities have worked to stabilize state-funded preschool programs and must accelerate its investment in preschool to reach more children in high quality programs.”

“Many children in Connecticut and across the country missed out on a year of learning. Connecticut must ensure that health risks are mitigated in order to minimize disruptions in the classroom,” said Allison Friedman-Krauss, Ph.D., NIEER assistant research professor. “And teachers, who were already underpaid and often did not receive benefits, are burnt out as they’ve worked to provide support and learning to young students amid the challenges of the past year. There is no time to waste. Connecticut should provide the resources to address pervasive problems in access to high-quality early learning.”

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The National Institute for Early Education Research at the Rutgers Graduate School of Education, New Brunswick, NJ, supports early childhood education policy and practice through independent, objective research and the translation of research to policy and practice.