Too Many North Carolina Children Lack Access to High-Quality Pre-K; Pandemic Made it Worse
Federal/State Partnership Needed to Better Serve Young Children and their Families

NEW BRUNSWICK, NJ—The COVID-19 pandemic set back state preschool enrollment and funding across the country, according to the 2020 edition of The State of Preschool Yearbook by the National Institute for Early Education Research (NIEER) at the Rutgers Graduate School of Education.

Pre-pandemic, North Carolina saw an increase in enrollment and inflation-adjusted total spending, though spending per child declined. The state met 8 of 10 minimum standards for high-quality preschool education.

Now is the time for a renewed commitment to high-quality pre-K for all, beginning with those in the lowest income families. Nationally, the report found that:

- Growth in state-funded preschool was slowing before the pandemic.
- The pandemic imposed serious setbacks and reversed recent progress.
- Uneven progress among states is worsening inequality in children’s access to high-quality preschool.
- Most states spend too little per child to support high-quality, full-day pre-K and few reach all their 3- and 4-year-olds.

“Funding and enrollment increases are going in the right direction, but North Carolina has a long way to go to increase spending to serve more children in high-quality programs that can support children’s development,” said Steven Barnett, Ph.D., NIEER’s founder and senior co-director.

Nationwide, enrollment in state-funded preschool increased slightly in 2019-2020, but took a hit in 2020-2021 as many programs closed or only offered virtual learning and parents were hesitant to send children to in-person school during the pandemic.

“North Carolina must act now to mitigate the pandemic’s impacts on young children and pre-K programs, get pre-K back on track for next year, and recommit to long-term progress,” said Barnett. “The federal government should provide support for, and states commit to, high-quality pre-K. While federal rescue and recovery dollars can help, a new federal initiative NIEER has proposed could bring $218.7 million in federal support to North Carolina for preschool during the next four years.”

Across the country the survey reveals bipartisan support for preschool with both “red” and "blue" states among the nation's leaders in high quality pre-K. That offers hope that the nation can move ahead to expand access to high-quality pre-K more rapidly in the future.

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The National Institute for Early Education Research at the Rutgers Graduate School of Education, New Brunswick, NJ, supports early childhood education policy and practice through independent, objective research and the translation of research to policy and practice.