Too Many New York Children Miss out on High-Quality Pre-K; State Poised to Increased Future Pre-K Investment

Federal/State Partnership Needed to Better Serve Young Children and their Families

NEW BRUNSWICK, NJ—The COVID-19 pandemic set back state preschool enrollment and funding across the country, according to the 2020 edition of The State of Preschool Yearbook by the National Institute for Early Education Research (NIEER) at the Rutgers Graduate School of Education.

Pre-pandemic, New York saw a decrease in enrollment and inflation-adjusted spending, but maintained existing program quality standards. The state has committed an additional $105 million for next year to expand access to 4-year-olds, including in 210 new districts.

Now is the time for a renewed commitment to high-quality pre-K for all, beginning with those in the lowest income families. Nationally, the report found that:

- Growth in state-funded preschool was slowing before the pandemic.
- The pandemic imposed serious setbacks and reversed recent progress.
- Uneven progress among states is worsening inequality in children’s access to high-quality preschool.
- Most states spend too little per child to support high-quality, full-day pre-K and few reach all their 3- and 4-year-olds.

“State enrollment and funding decreases this year pushed New York further away from providing a high-quality program for all young children,” said Steven Barnett, Ph.D., NIEER’s founder and senior co-director. “I am encouraged that the state’s budget added $105 million to preschool starting in 2021-2022, but state leaders need to commit to continued steady progress. NYC continues to be a leader in the state and nationally, recently committing to full-day preschool for all 3-year-olds in addition to 4-year-olds.”

Nationwide, enrollment in state-funded preschool increased slightly in 2019-2020, but took a hit in 2020-2021 as many programs closed or only offered virtual learning and parents were hesitant to send children to in-person school during the pandemic.

“New York must continue to mitigate the pandemic’s impacts on young children and pre-K programs, get pre-K back on track for next year, and commit to long-term progress,” said Barnett. “The federal government should provide support for, and states commit to, high-quality pre-K. While federal rescue and recovery dollars can help, a new federal initiative NIEER has proposed could bring $538.3 million in federal support to New York for preschool during the next four years.”

Across the country the survey reveals bipartisan support for preschool with both “red” and “blue” states among the nation’s leaders in high quality pre-K. That offers hope that the nation can move ahead to expand access to high-quality pre-K more rapidly in the future.

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The National Institute for Early Education Research at the Rutgers Graduate School of Education, New Brunswick, NJ, supports early childhood education policy and practice through independent, objective research and the translation of research to policy and practice.